

HEALTH POLICY

The DAY NURSERIES ACT recommends that prior to a child starting in a Day Nursery should have a complete medical. The parent must fill out the medical and immunization forms from the Parent Package and affix signatures where applicable.

Illness

Please go over this section very carefully. Because children get sick without warning, parents are well advised to have a back-up child care plan in place.

For everyone's well-being, ill children cannot be admitted to the Centre. We have the right to refuse to take a sick child into care and to determine when a child is too ill to remain in care. Prompt treatment of any illness will facilitate the child's early return to health and to the Centre, and will minimize the possibility of cross infection for the other children.

In order to ensure the overall health and safety of all the children, we ask that you not bring your child to the Centre if he/she has:

- a. An elevated temperature of over 101 F/40C or greater
- b. Vomited within 24-hour period
- c. Diarrhea (3 consecutive loose bowels) within 24 hours
- d. Eyes/ears that have any kind of discharge
- e. Visible rashes that have not been diagnosed by a physician
- f. A severe cough, runny nose and/or congestion
- g. Any communicable disease including: Impetigo, Coxsackie Virus, Fifth Disease, German Measles, Hepatitis A or B, Meningitis, measles, mumps, Pertussis (Whooping cough), ringworm, Scabies, Scarlet fever, strep throat, Tuberculosis. The child will be allowed back at the Centre following a doctor's examination and provision of a note indicating that the child is free of any disease.
- h. Bronchitis or pneumonia

Should your child develop a temperature of 101oF or higher during the day, the staff will contact you immediately. Your child must be symptom-free for 24 hours before returning to the Centre.

Child Illness Policy

Diarrhea (3 loose bowel movements) Exclude until child has normal bowel movements for at least 24 hours

Throat infection/ Middle Ear infection Exclusion for 24 hours after the child has been on medication

Pink Eye *Medical certificate is required for a child to re-enter the Centre.

Ringworm *Medical certificate is required for a child to re-enter the Centre. Exclude until treatment has been initiated.

Scabies *Medical certificate is required for a child to re-enter the Centre. Exclude until after treatment has been completed

Strep Infection Exclude until 24 hours of adequate and effective medication has been taken, provided that the medication is continued for 10 days.

Impetigo *Medical certificate is required for a child to re-enter the Centre. Exclude until sores are completely scabbed over or for at least 24 hours following initiation of either:

- i) appropriate oral antibiotic or
- ii) topical therapy (Bactroban) / (Mupirocin) if there are only small lesions

If a child becomes ill at the Centre and the child care staff considers a child too ill to be exposed to other children, the child will be removed from the group and the parent(s) notified. The child needs to be well enough to participate within the regular daily routines, transitions, and activities in the Program. If staff members determine that the child is showing signs or symptoms of an oncoming illness (i.e. glazed eyes, lethargy, complaints of an upset stomach, etc), the staff member will take the child's temperature and note all signs and symptoms in the child's file, and will make the child as comfortable as possible. Then the staff member and/or the Director will contact the parent and

notify them of the signs and symptoms. At this point, the parents are expected to make arrangements to pick up their child within the hour. In the event we are unable to reach the parents, we will call the emergency contact to pick up your child.

From time to time there may be additional health concerns that arise and your child might be asked to remain home as per health guidelines from the Renfrew County Health Unit.

If a child has discharge from the eyes, a rash or any other ailment that cannot be identified, the Health Department requires a physician to ensure the child is not contagious. A form from the Health Department will be provided to you to be completed by the physician in order for re-entry to the Centre.

It is a licensed requirement that all children play outside, weather permitting. Your child should return to the Centre well enough to participate in outdoor activities. Children are not permitted to stay inside, as staffing does not allow for this.

Good dental care is encouraged. Parents are required to supply a toothbrush and asked to replace as needed.

Children require sunscreen from May to September. The Centre provides sunscreen through a small monetary parental contribution. If parents do not wish to contribute to the Centre sunscreen, they must supply their own sunscreen in clearly labelled containers.